



SRI SRI ANIRUDDHADEVA
SPORTS
UNIVERSITY

www.sasu.ac.in

SUMMER CAMP ON FITNESS AND YOGA

“STAY HOME, STAY HEALTHY,
STAY HAPPY”

With our Experts

Miss. Purnima Chetry (Faculty, Yoga)

Mr. Vizobillie Punyu (Fitness Coach)

Mr. Mahendra Singh (Yoga Coach)

“GET AN
OPPORTUNITY
TO INTERACT
WITH OLYMPI-
AN, DIETICIAN
and
NUTRITIONIST”

**Date:- 11/06/2021 to
13/07/2021**

**Time:- 06:30 A.M to
07:30 A.M**

Duration: One month

Mode: Online

Fees:500/-only

BENEFITS FOR YOU!

- **Boost Immunity**
- **Improve cardio-respiratory efficiency.**
- **Improve mental strength.**
- **Normalize body-weight.**
- **Improve sleep pattern.**
- **Increase health components.**

For more details, visit website : www.sasu.ac.in or **Contact Camp**

Co-Ordinator, Mr. Vizobillie Punyu, Mob:7005792901,

Email : victorpunyu@gmail.com

IMPORTANT DATES:

- **Opening date of online registration : 02/06/2021**
- **Last date of online registration : 09/06/2021 (till midnight)**
- **Seats : first come first serve basis**

***For process of Registration and fee kindly visit the latest news & notification/ announcement section on the University website : www.sasu.ac.in**

